



Information sheet on Mumps

Mumps is an acute infectious disease that is caused by a virus. It is airborne spread from respiratory secretions.

Signs and Symptoms:

- Pain and swelling of the salivary glands just below the jaw on one or both sides of the face
- Headache
- Fever
- Generally feeling unwell
- Tenderness of the testicles in males
- There may be no symptoms at all

Treatment:

There is no specific treatment apart from to treat the symptoms.

Prevention:

- MMR Vaccine
- Visit a Doctor to have diagnosis confirmed

Exclusion from School:

Child should be absent from school 5 days from onset of swelling.

Kind Regards,

Kay Woodcock and Isabelle Vanderslagmolen
School Nurses

Source: HPA.org.uk