



Celebrating 45 Years

DCIS Extra-Curricular Activities
Academic Year 2017 to 2018 Term 2

Sign-up will be open from **5.00pm on 3rd January 2017 to 5.00pm on 12th January 2018**

ECAs will run from **19th January 2018 to 23rd March 2018**

No ECAs on Friday 9th February 2018 and the week of 12-16th February 2018 due to ½ Term break.

No Secondary ECAs 12th-16th March, due to Secondary Residential Trips

Sports ECA (3.00pm-4.00pm)					
Activity	Day	Year group	Min No:	Max No:	Description
Basketball Boys and Girls	Tuesday	Years 7-11	10	25	Students will develop their passing, dribbling and a variety of correct shooting forms and styles through both drills and matches. Don't forget to be dressed in sports attire with a drinking bottle to hydrate yourself!
Basketball	Wednesday	Years 3- 6	10	25	This ECA is for anyone that enjoys Basketball. Students will develop their passing, dribbling and learn the correct technique of shooting a Basketball. They will also get the opportunity to play games and learn some basic Basketball rules.
Boys / Girls Touch Rugby	Tuesday	Years 3 - 6	10	30	Develop and enhance your rugby core skills and qualities by coming to this ECA. Students will have the opportunity during this ECA to represent the School team!
Ballet	Friday	Years 5-11	10	20	Ballet helps young children develop good posture and develop their co-ordination. Ballet ECA is a great opportunity for the children to learn foundation ballet movements and explore musicality in a fun way. If your child does not have existing ballet attire he/she should wear comfortable clothing of stretchable material (fitting t-shirt and leggings work well) and a pair of socks. Miss Pemberton is ISTD and RAD trained in classical ballet, tap and modern and before training to become a teacher was teaching at a dance school in the UK.
Cosmic Kids Yoga	Wednesday	Years 1 - 2	10	22	Cosmic Kids Yoga combines simple yoga routines with fun stories as you move through each adventure with the characters. This is beginners' yoga with a twist, both relaxing and active. Wear PE kit and a big smile.
Hockey	Friday	Years 3 -6	10	20	Come and master some stick skills here at Hockey ECA. Students will learn the correct way to grip a stick and learn how to pass and hit a ball as well as display some simple dribbling skills. Once the basics have been mastered, it's time to play a match! Come and join.
Football	Wednesday	Years 2 & 3 (GIRLS & BOYS)	10	35	For players who are interested in developing their individual and team skills, as well as gaining knowledge and understanding in football. With emphasis on enjoyment and new "Let them play" concept.
	Thursday	Years 7 - 13 (BOYS)	10	35	
	Thursday	Years 2 & 3 (GIRLS & BOYS)	10	16	



Sports ECA (3.00pm-4.00pm)					
Activity	Day	Year group	Min No:	Max No:	Description
	Thursday	Years 4 & 5 (GIRLS)	10	20	
	Friday	Years 4 – 6 (BOYS)	10	60	
Girls Football	Wednesday	Years 6 +	10	30	For players who are interested in developing their individual and team skills, as well as gaining knowledge and understanding in football. With emphasis on enjoyment and new “Let them play” concept.
Netball	Tuesday	Years 3 & 4	10	30	Whether you’ve played before or want to give Netball a go, everyone is welcome to join! Improve your individual skills & game playing ability in this fun and exciting sport. There is also the potential to represent the school in the girl’s netball team.
Netball	Thursday	Years 5+	10	30	Whether you’ve played before or want to give Netball a go, everyone is welcome to join! Improve your individual skills & game playing ability in this fun and exciting sport. There is also the potential to represent the school in the girl’s netball team.
Table Tennis	Wednesday	Year 5+	10	35	A fun ECA for all students. Children will learn the basics of this Sport. Playing single games and doubles it’s all about enjoyment.
Water Polo	Wednesday	Years 7-12	10	35	Water Polo is a great activity to impart your child the essential skills to be a team player. Learners can expect to master the coordination, passing and catching of the ball as well develop correct techniques and tactics of the game.
Zumba	Thursday	Years 3-6	10	20	Zumba is a high energy dance routine that has a mix of different dance forms, aerobics and cardio perfect for young kids. Our classes are easy to follow for everyone with our kid friendly routines where we break down the steps to follow. Apart from this the children get a chance to socialize as well as jam out to their favourite music. Benefits of Zumba also helps key childhood development elements such as team work, confidence, self-esteem, creativity, memory, coordination, balance as well as cultural awareness

Music ECAs (3pm – 4pm)					
Activity	Day	Year group	Min No:	Max No:	Description
Introduction to Instruments	Tuesday	Years 1-3	10	22	An excellent opportunity for children to develop their interest in musical instruments. Children will be exploring different instrument families and learning how to play simple tuned instruments. A great opportunity to gauge their interest in instruments before considering uptake with our peripatetic team.
Singing Voices	Tuesday	Years 2 – 5	10	40	All students who love their singing and who wish to develop skills and repertoire are warmly invited to join.
Sing and Sign Choir	Wednesday	Years 1 -3	10	20	Come along and sing some of your favorite songs, alongside learning Makaton signing. We hope to be performing at some of the school concerts, performances and in assembly. Ability to sing is not necessary we just want enthusiasm, participation, team work and most importantly FUN!

Non ECAs – Teams and other **By invitation only activities (3.00pm-4.00pm)**

Activity	Day	Year group	Min No:	Max No:	Description
IGCSE Mandarin	Tuesday	Years 7 – 11	10	20	Students will practice and revise the IGCSE Mandarin content.
Boys Rugby Team	Tuesday	Years 5 – 8	10	35	Invitational training for boys eligible to play in the ACSIS tournaments.
Boys football team U10-U11	Friday	Years 5 & 6	10	25	Invitational training for boys selected to play in ACSIS tournaments
Maths Extension	Tuesday	Years 7 – 11	10	20	Students to develop bespoke curriculums in order to develop challenge for themselves and to determine any further interests in the subject
Maths Competition Club	Tuesday	Years 5 – 9	10	20	A club which will allow our most able students in mathematics to learn how to compete against other schools in mathematical competitions.
Maths Intervention	Thursday	Secondary	10	20	Students will be supported in topics that have been identified within lessons to ensure a better understanding of data that may not have been fully grasped
Netball Team	Tuesday	Year 3 +	10	20	Invitational training for Girls eligible to play in the ACSIS tournaments.
	Thursday	Year 5 +	10	30	
School Choir	Thursday	Years 1 – 13	10	45	By invitation only.
School Orchestra	Wednesday	Years 1 – 13	10	45	By invitation only.
School Musical	Tuesday	Years 7 – 11	10	20	Students will prepare for the school musical
	Wednesday				
	Thursday				
Swim Team	Tuesday	Years 3+	7	45	The Dover Fins swim team sessions are by invitation only. Potential swimmers are assessed over 25m or 50m in backstroke, breaststroke & freestyle. Butterfly is a very welcome bonus! There are opportunities each term for the swimmers to compete in inter school meets as well as have regular time trials.
	Wednesday	Years 1-3	10	45	
	Friday	Years 3+	10	40	
Switzerland Alpine Mountaineering training	Thursday	Years 8 & 9	10	20	Switzerland trip pre-preparation – NAE challenges and fitness training to be completed during this session for students taking part in the trip.
Triple Science Club	Thursday	Years 10 – 13	10	20	Triple science support. This is only for students in years 10 and 11 enrolled in the triple science course

General ECAs (3.00pm-4.00pm)

Activity	Day	Year group	Min No:	Max No:	Description
Beading Fun	Friday	Years 2 – 4	10	20	Jewellery making is extremely fun, challenging and an affordable hobby. Students will get lot of hands-on experience with different types of material and beads. Think out of the box and get creative with us!! There will be a cost of \$10 which needs to be paid at the 1st session.
Book Club	Thursday	Years 3 – 4	10	22	The ECA would involve book reviews, making your own comic book, story writing, and vocational activities such as promoting library skills to students.
Brain Teasers Club	Wednesday	Years 2 - 4	10	22	This ECA offers different types of puzzles that are written or spoken and require mental reasoning to solve. It also involves praxis ability to develop spontaneity.
Chess Club	Tuesday	Years 3 – 12	10	22	Whether you are new to playing or a master come down and improve you're analytical and decision making skills.
Children's Craft & Film Club	Wednesday	Years 3 – 6	10	22	Are you creative? Do you love films? Then this is the ECA for you. We create a variety of art related to movies. This is a wonderful way to spend your afternoon.
Classics	Tuesday	Years 7 – 13	10	20	Students can learn about the classical world and look at Classical texts. At the end of the ECA students will be familiar with Classical texts and History
Cookery Lite	Tuesday	Years 4-6	10	20	This holistic ECA is meant to encourage well-being and a healthy lifestyle through nutritional vegan/organic cooking, yoga and meditation, art-based activities and making chemical-free, all natural beauty and bath products.
DSE Developing fine motor skills*	Tuesday	Years 1-3	4	8	This ECA will support students to more effectively use their small muscles and eye hand coordination to build their fine motor skills. This will help to improve their writing skills.
DSE Construction*	Friday	Years 3 – 5	5	10	This is a chance for DSE children to work on their social and communication skills through constructing models with Lego and blocks etc. Each week there will be a given theme and the children will be put into groups to construct something together in line with the topic. Each child will be given a specific role e.g. builder, designer or supplier and they have to rely on each other to get the job completed.
DSE Numicon	Tuesday	Years 1-3	5	8	The Numicon Maths system is a multi-sensory approach to arithmetic teaching up to early KS2. It is brightly coloured, so pleasing to the eye and interesting for children. The holes are finger size, making it easy to handle and manipulate. Pegs fit fingers. In the Numicon approach we offer children multi-sensory activities with patterned shapes, rods, number lines, and a broad range of everyday experiences and contexts so that their understanding of number ideas is very richly varied
DSE Specific Sports Skills	Wednesday	Years 3 - 7	5	8	Improve gross motor skills and eye hand coordination. Suitable for students who have difficulties accessing mainstream ECA. Activities will include dribbling, catching, passing and throwing skills. These skills will eventually enable them to play invasion games/sports such football, basketball etc

General ECAs (3.00pm-4.00pm)

Activity	Day	Year group	Min No:	Max No:	Description
DSE Social Skills Group	Wednesday	Years 1 & 2	5	8	Developing pre-verbal skills for example - turn taking, eye contact, listening and sharing.
Etching	Friday	Years 7 – 13	10	20	Students will learn how to create etching plates using sharp tools and to print them using the printing press.
French ECA	Wednesday	Years 7- 9	10	20	For students who have chosen Mandarin but are still interested in learning French as an ECA
Fun with Fimo	Friday	Years 2 – 3	10	20	We will make a selection of models, figurines, buttons, charms, jewellery and ornaments from a range of brightly coloured and glow in the dark polymer clay that you heat in the oven for it to go hard. There will be a cost of \$15 which needs to be paid at the 1st session.
Garage Band	Friday	Years 4 - 6	10	20	Children will develop their compositional skills through exploring layers of sound, tempo and dynamics. They will become more familiar with the Garage Band app and build their self- evaluative and reflective skills by editing and improving their music. Children will be exposed to a range of genres and use their listening skills to identify their features. From this, they will compose a piece of music within a given style. At the end of the ECA, the children will have created a piece of music which they can share on Red Dot Radio.
Global Challenge	Friday	Years 7+	10	20	Students will interview with IB leaders to be a part of the team to organise the Global Campus: Global Challenge event this year
Hama Beads	Friday	Years 2 – 4	10	20	Join our fun & creative club where we will create many beautiful designs from these magical beads! They can be used as gifts or to decorate your room at home. There will be a cost of \$5 which needs to be paid at the 1st session.
Homework Club and ASDAN Support	Thursday	Years 7 – 13	10	20	For all students who want to space to stay to complete homework with teacher supervision. Please note, this is not a drop-in- all students must attend every session. Also for students studying for the Stepping Stones, Key Steps, Personal Progress, Short Course (any subject), CoPE, Wider Key Skills or Employability qualifications. This session will offer you the chance to undertake additional tasks to build your portfolios as well as ensuring your work meets the required standards, structure and criteria to pass
Inclusive Yoga	Friday	Years 3-6	6	8	This is an inclusive Yoga ECA tailored to be developmentally appropriate on every level. A small No: of children will be able to participate in carefully designed yoga sessions, targeting their specific movement and flexibility needs and delivered an engaging way. There are many benefits of Yoga which include: Develops strength, flexibility and stamina, reduces tension, stress and anxiety, raises self-esteem and promotes self-efficacy – Improves motivation, improves overall health and wellbeing.

General ECAs (3.00pm-4.00pm)

Activity	Day	Year group	Min No:	Max No:	Description
KS1 Arts & Crafts	Thursday	Years 1 & 2	10	22	In this ECA the Year 1 and 2 Students will learn how to develop their drawing skills and in addition will also be learning and experimenting with techniques in art, design and textiles. Children will develop their fine motor skills through drawing and painting, whilst also exploring their own ideas to produce creative pieces of work.
Lego	Tuesday	Years 3 & 4	10	22	Lego club is a fantastic opportunity to explore and extend a child's creativity. Throughout the course of the ECA the children will be given the task to design and build a range of different forms. The children will develop their independence and team work skills as tasks will alternate from personal projects to group tasks. Lego club will also develop the children's fine motor skills. Each week the children will produce an end product which will be celebrated.
	Wednesday	Years 3 & 4	10	22	
Mandala Colouring	Thursday	Years 3 - 6	10	22	Mandala loosely translates as circle, and by focusing on a mandala, you allow your brain to calm. It is a wonderful way to relax and show your creativity.
Minecraft Club	Tuesday	Years 5 & 6	10	20	For students that are interested in the Minecraft platform, both playing the game and developing new levels. Using Java, students will play head to head, developing sections of code, and then playing the game with one-another. Ds cover game coding from different perspectives reviewing different consoles. For computer enthusiasts to learn Minecraft, play with tablets and develop apps. There will be a cost of \$15 which needs to be paid at the 1st session.
	Wednesday	Years 3 & 4	10	20	
	Thursday	Years 3 & 4	10	20	
	Thursday	Years 5 & 6	10	20	
	Friday	Years 3 & 4	10	20	
	Friday	Years 7 – 9	10	20	
Mindfulness for secondary students	Tuesday	Years 7 – 13	10	15	Being a teen can be stressful! This ECA is ideal for (older) students who have a high amount of pressure or activity in their daily life. Time will be spent learning about the practice and benefits of being mindful, alongside completing individual activities to promote calmness and developing a high level of self-awareness
Mind Games	Thursday	Years 7 9	10	20	Students can enjoy a range of mind stretching and tactical games including Chess, Coram and Backgammon
Model United Nations	Tuesday	Years 7 – 13	10	20	Model United Nations, also known as MUN, is an activity in which students can learn about diplomacy, international relations, and the United Nations. MUN involves and teaches researching, public speaking, debating, and writing skills, in addition to critical thinking, teamwork, and leadership abilities. Students need to bring a laptop or tablet to the ECA to enable research, collaborative planning and the writing and editing of resolutions
Secondary Mandarin Enrichment	Wednesday	Years 7 – 9	10	20	For students who have chosen French but are still interested in learning Mandarin as an ECA
Sewing Club	Tuesday	Years 3 – 6	10	22	In the sewing club we'll be learning useful skills to sew beautiful creations. There will be a cost of \$10 which needs to be paid at the 1st session.

General ECAs (3.00pm-4.00pm)

Activity	Day	Year group	Min No:	Max No:	Description
Sewing Club (SECONDARY)	Friday	Years 7 - 13	10	20	Students will learn how to apply basic sewing techniques so as to complete simple sewing projects. There will be a cost of \$10 which needs to be paid at the 1st session
Sketching & Drawing	Tuesday	Years 4 – 6	10	22	Learning to draw objects/animals more accurately using various techniques. Add shading and gradual tints to make objects look 3D. Using colouring pencils to shade.
Skoolbo	Wednesday	Years 1 – 3	10	22	Using iPads, dive into the world of Skoolbo and practice your Numeracy and Literacy skills with friends. You need to know your Skoolbo login details for this club and bring them along on the first session.
Spanish ECA	Thursday	Years 7 – 13	10	20	Beginners Spanish- a fun club where students will learn beginners Spanish. Open to all Secondary students!
STEAM Club	Friday	Years 7 – 13	10	15	A fun and interactive opportunity for students to do some more experiments outside of class time.
Stained Glass Club	Thursday	Years 3 – 6	10	22	Come and create your very own stained glass windows. You can hang them up at home and watch the sun shine through them to make pretty patterns on your wall. Sign up for Stained Glass club Now! There will be a cost of \$20 which needs to be paid at the 1st session.
Story Time – Fun Time.	Wednesday	Years 1 – 2	10	22	A fun and learning time! Each week an author, theme or a topic will be chosen and 3 stories will be read aloud to the children. The blurb for every story will be read aloud by one of the children and after every story is read, the children will be engaged in discussion of characters and will be encouraged to use describing words whilst analyzing the characters. The last 15-20 minutes will be spent on coloring time and writing the describing words for their favorite characters. Overall the Children will have an enriching and enjoyable Storytime experience.
World Scholar's Cup	Wednesday	Years 7 – 9	10	15	Students will prepare the key skills for the World Scholar's Cup (group chosen through application process).
Word Processing	Wednesday	Years 4- 8	10	20	The better you type, the easier it is to write! Let your fingers take care of the words, while you take care of the language and ideas. Come and join us!

Paid ECA – Payments must be made before the ECA starts

Activity	Day	Year group	Min No:	Max No:	Cost	Description
Advanced Race Car Engineering	Thursday	Years 2 – 4	10	30	\$280	Now that you have mastered the basics, you can take things to the next level! You will learn about upgrade parts and apply it to your cars to see it run faster. Oh did we mention, you will build a new Twin Shaft Car. Beside experimenting and upgrading you will get to design an aerodynamic vehicle which will allow them to push their vehicle to the limit! They will learn about car stabilization, safety, gear ratios and engine maintenance. *Students will bring home their cars and the upgrade parts. ** Class eligibility: for students who have completed Basic and Intermediate courses.
	Thursday	Years 5 & 6	10	30	\$280	
Basic Race Car Engineering	Thursday	Years 2- 4	10	30	\$280	Build and race your own race-car! You will learn how to build, customize, tune parts of your car wheels, motors and the transmission for ultimate speed using physics and engineering concepts. During the last session you will join the race to prove who the fastest racer is around! *Students will bring home their cars in the end of the course.
	Thursday	Years 5 & 6	10	30	\$280	
Brush Lettering	Tuesday	Years 2 – 4	10	22	\$280	Brush lettering is an art of writing that can be easily picked up regardless of age. Come and join us as we learn a new craft together and to explore the world of possibilities with brush lettering. Discover your own unique style today! Students will bring home their artworks in the end of the course.
	Tuesday	Years 5 & 6	10	22	\$280	
Chelsea Football Coaching	Monday	Years 1 – 3	10	45	\$200	Join the Chelsea ECA and receive excellent football coaching through fun games and activities. Improve your skills and you will have the opportunity to play for the local weekend Chelsea teams. Please note that this ECA will run until 4:30pm and parental pick up is required as there are no buses.
		Years 4 – 6	10	45	\$200	
DSE Lego Story Building	Tuesday	Year 1 – Year 3	4	12	\$208	Using LEGO® bricks and SPECIALITY EDUCATION pieces, students will explore the creation of ideas and stories through play. Students will gain experience with creativity, problem-solving, fine-motor skills, abstraction, and learn how they can express their thoughts through physical objects. Each week, the students will learn about a different type of story (or will imagine their own story with ideas initiated by teacher), then use LEGO blocks to create their own story and in the end will demonstrate it to the fellow mates in the session.

Paid ECA – Payments must be made before the ECA starts

Activity	Day	Year group	Min No:	Max No:	Cost	Description
Drama	Wednesday	Years 1- 3	10	20	\$288	We introduce students to a world of theatre and creativity, helping them to develop performance skills, theatre knowledge, teamwork, individual expression and confidence. All groups are led by experienced and highly trained drama teachers, with emphasis throughout on providing high quality workshops that our members enjoy.
		Years 4- 7	10	20	\$288	
French Basic Level 1	Wednesday	Years 2 – 6	8	20	\$200	This ECA is for students who have no prior knowledge of French. It aims to introduce students to basic vocabulary (including No's, colors, school) and conversation skills (presentation/greetings) Learning will be done through games, songs, interactive and written activities. The ECA will also provide some insights into French culture.
French Basic Level 2	Wednesday	Years 3 – 6	8	20	\$200	This ECA is for students who have studied French before (Level 1 completed and/or in another class). It aims to reinforce knowledge of the basic vocabulary (cf Level 1) and introduce new topics (i.e. family, food, animals, and clothing). Students will also develop further their understanding and conversation skills. Learning will be done through games, songs, interactive and written activities. The ECA will also provide some insights into the French culture.
Fun in Aviation	Wednesday	Years 1 - 4	10	20	\$232	This ECA is a fun filled enrichment program that is aimed to inspire the aviators of the future. The program will educate basic principles of aerodynamics through scientific experiments, such as – flying the quadcopter and building and flying the hand glider. Every class consists of a theory and practical part. The cost include a mini drone for the student to keep.
		Years 5 - 8	10	20	\$232	
Futsal for Girls	Wednesday	Years 2 & 3	10	20	\$80	Similar to Football but with a twist. Futsal is played between two teams of five players each, one of whom is the goalkeeper. Unlimited substitutions are permitted. Unlike some other forms of indoor football, the game is played on a hard court surface surrounded by lines and walls. Students will be coached by a former Brazilian player, certified by the Swiss Football Association.

Paid ECA – Payments must be made before the ECA starts

Activity	Day	Year group	Min No:	Max No:	Cost	Description
Gym with Me	<u>Tuesday only</u>	Years 1 – 4	10	30	Tuesday \$189 for 6 sessions only as the Hall is in use for school events on: 6th Feb & 20th Feb	Packed with fun acrobatic activities designed to channel energy and enthusiasm into developing essential motor skills. The Gymnastics ECA program is perfect for beginners to intermediate gymnasts. Classes focus on building strength, flexibility, coordination and the core acrobatic skills. Our in-depth skills break-downs and progressions allow children to progress at their own pace promoting well-rounded development and confidence on the various apparatus
Hip Hop Dance	Wednesday	Years 3 - 5	10	25	\$100	Students will learn basic hip hop choreography and how these dance moves fit in with the music. They will develop a sense of rhythm and beat and will gain a better appreciation of this musical genre.
Judo Club	Friday	Years 1- 3	10	25	\$320	We are a group of Judo enthusiasts with rich experience in teaching Judo to both Students and adults. You can find information on us on www.thedojo.com.sg . There will be an additional \$100 to buy Judo uniform, only if you do not already have one.
		Years 4 – 6	10	15	\$320	
Language therapy with Lego	Thursday	Years 2 – 6	4	12	\$208	"During this hands-on LEGO® building session, students naturally collaborate to develop speaking and listening skills as they come up with their own solutions to complete their Lego project. Trained facilitators divide up the tasks within each group so that each student has a specific, clearly defined yet interactive role to perform. Students explore their creation of ideas and learn how they can express their thoughts in simple and complex sentences in English language. This ECA is aimed at ESL students.
Rock Bands	Tuesday / Friday	Years 5 – 11	5	6	\$130	Rock band ensembles are designed to allow aspiring bands to create their original music in a rock band setting with their friends or fellow aspiring musicians. These bands will be led by one of our peripatetic teachers, who will refine and rehearse bands to get to a level of performance standard at one of DCIS upcoming events. It is suitable for music students with at least one year playing ability.

Paid ECA – Payments must be made before the ECA starts

Activity	Day	Year group	Min No:	Max No:	Cost	Description
Tennis	Monday	Open to students from Year 1 – Year 12 and various skill levels	10	20	\$240	Dover Court Tennis ECA is a game based tennis program focusing on ball awareness, ball control, racquet skills, and tennis fundamentals and growing a passion for tennis. Games and exercises in the program are structured to get students playing, scoring and learning more about this incredible lifelong sport! * Note – no buses are available for the Monday session, this will require parental collection.
	Wednesday		10	20	\$240	
	Friday		10	20	\$240	

****ECAs subject to change till sign-up.**